

# Universal Treatment *versus*Targeted Strategies: Optimal Approaches for Global Elimination of Hepatitis B

22 May 2024 Yusuke Shimakawa MD PhD



# TREATING PEOPLE WITH CHRONIC HBV INFECTION

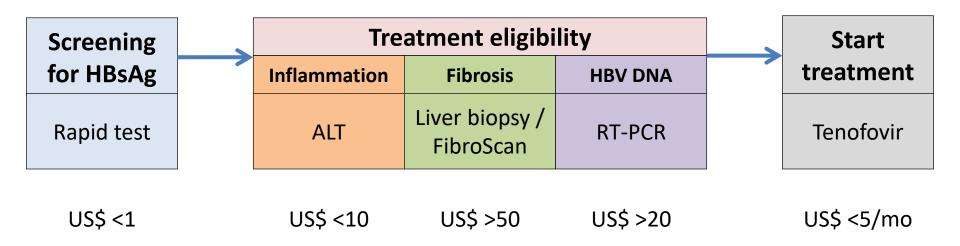
Screening for HBsAg

Rapid test

US\$ <1

Screening	Treatment eligibility				
for HBsAg	Inflammation	Fibrosis	HBV DNA		
Rapid test	ALT	Liver biopsy / FibroScan	RT-PCR		
US\$ <1	US\$ <10	US\$ >50	US\$ >20		

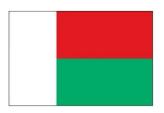
Screening		Treatment eligibility				Start
for HBsAg		Inflammation	Fibrosis	HBV DNA		treatment
Rapid test	Rapid test		Liver biopsy / FibroScan	RT-PCR		Tenofovir
US\$ <1		US\$ <10	US\$ >50	US\$ >20		US\$ <5/mo



### 10-30% meet the treatment eligibility criteria

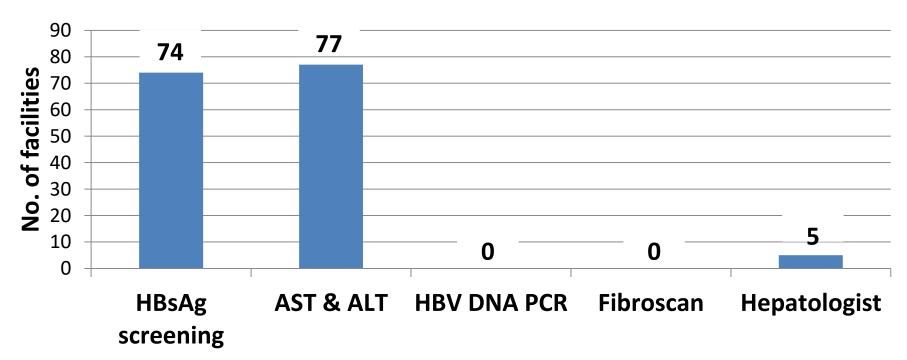


# Madagascar



Population: 23.5 million

Prevalence of HBsAg: 6.9%



Andriamandimby SF et al., BMC Public Health, 2017

# Treat All

Screening for HBsAg

**RDT** 

Treatment eligibility						
Inflammation	Fibrosis	HBV DNA				
ALT	Liver biopsy / Fibroscan	RT-PCR				

Start treatment

Tenofovir

# Treat All

#### **Pros**

- Potentially improve treatment uptake by simplifying diagnosis
- People not meeting criteria may still develop liver diseases
- Cost-effective
- Tenofovir:
  - Not much adverse events
  - High barrier to resistence

#### Cons

- Adherence to life-long treatment
- Question of feasibility
- HBV is different from HIV
  - Not all people with HBV develop liver diseases
  - Efficacy of treatment in people ineligible for treatment
  - No Global Fund, no subsidization

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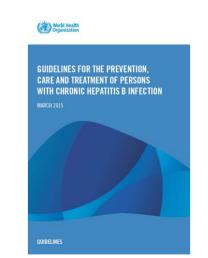
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# Updated WHO guidelines

- First guidelines in 2015
  - Cirrhosis

OR

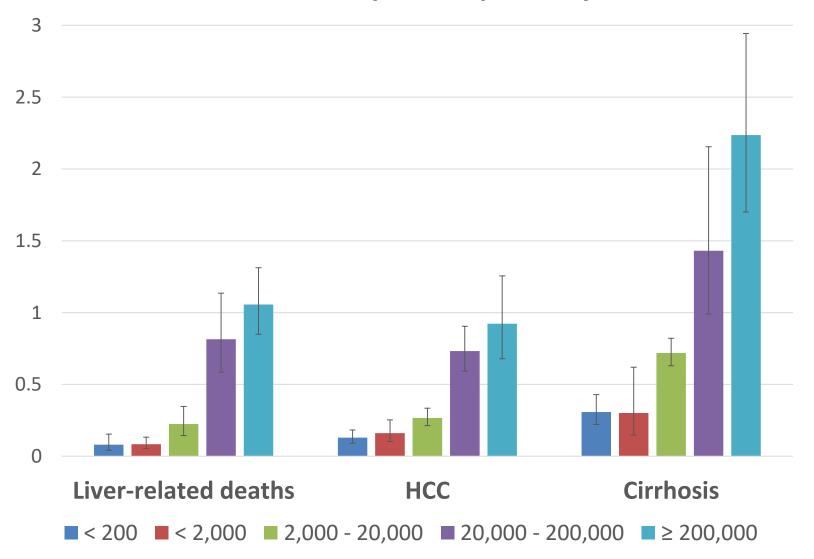
- HBV DNA > 20 000 IU/mL & ALT > upper limit of normal
- Revising the guidelines in 2023
  - Maintaining HBV DNA threshold?
  - Or lowering HBV DNA threshold?
  - Or « Treat All »?



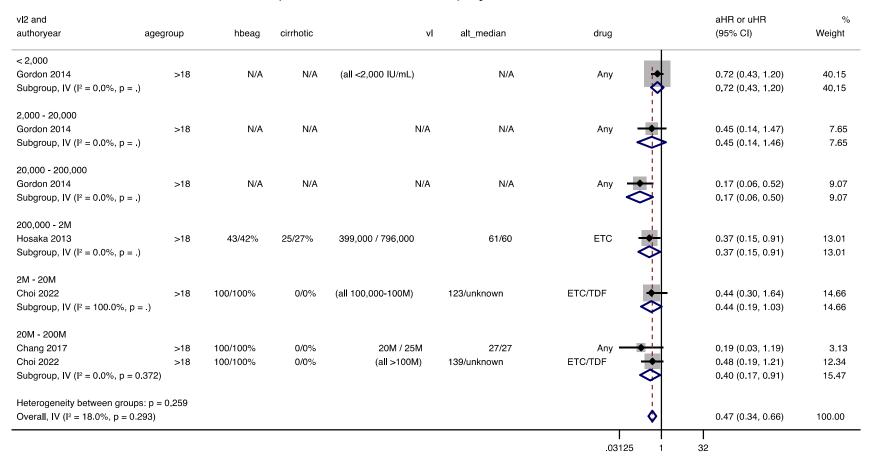
# Systematic review commissioned by the WHO

- To provide a summary estimate of:
  - The incidence rate of developing clinical outcomes without treatment in a group of HBV-infected people without cirrhosis
  - The efficacy of antiviral therapy at preventing clinical outcomes in a group of HBV-infected people without cirrhosis
  - Stratified by HBV DNA levels (IU/mL)
    - < 200
    - < 2000
    - 2000 20 000
    - 20 000 200 000
    - $\geq 200000$

#### Incidence rates per 100 person-years



#### HCC (observational studies) by baseline viral load



# The number needed to treat (NNT) for preventing one case of HCC

Viral load (IU/mL)	NNT
< 2000	149 people to treat after a median of 12 years
2000 – 19 999	45 people to treat after a median of 10 years
20 000 -199,999	11 people to treat after a median of 13 years

# Cost-effectiveness of Treat All

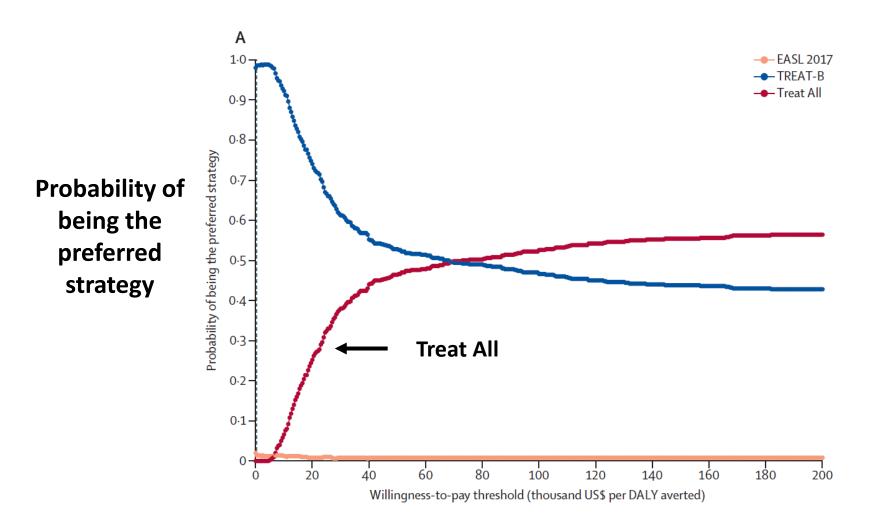
	Incremental cost- effectiveness ratio (ICER) per DALY averted	Threshold
Saudi Arabia	US\$ 22 050	US\$ 66 150
USA	US\$ 41 700	US\$ 65 850

# Cost-effectiveness of Treat All

	Incremental cost- effectiveness ratio (ICER) per DALY averted	Threshold
Saudi Arabia	US\$ 22 050	US\$ 66 150
USA	US\$ 41 700	US\$ 65 850
The Gambia	US\$ 2 149	US\$ 352

Sanai FM et al., *J Infect Public Health*, 2020 Razavi-Shearer D et al., *J Viral Hepat*, 2023 Luong Nguyen LB et al., *Lancet Glob Health* 2024

# Cost-effectiveness acceptability curve

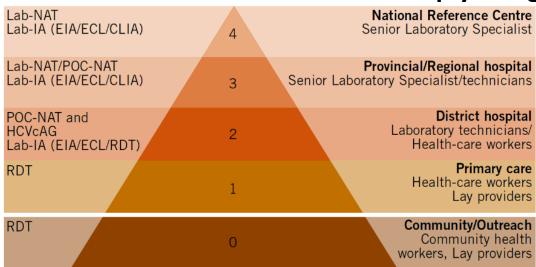


Willingness-to-pay (x 10<sup>3</sup> US\$ / DALY averted)

• If not Treat All, then how can we best identify people in need of treatment?

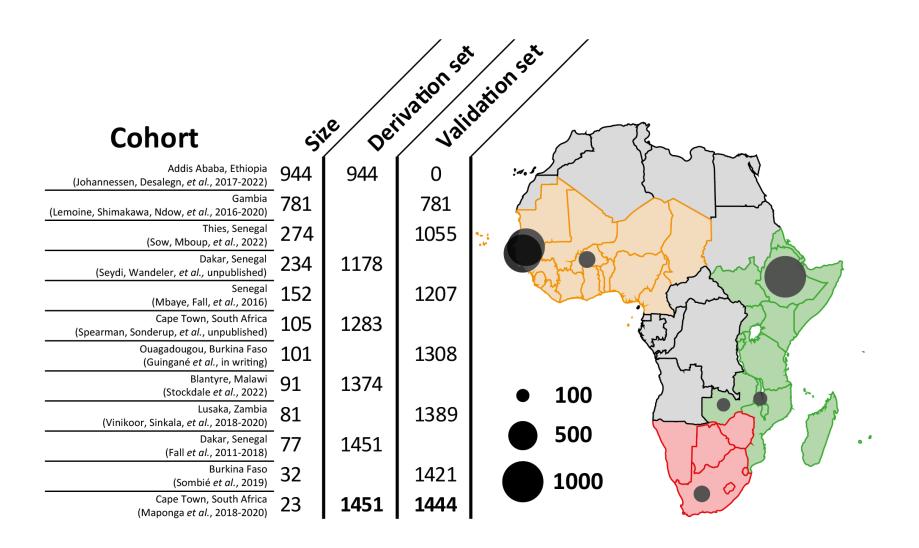
### **HEPSANET** score

 Develop and evaluate a score using tests available at lower-level facilities, to simplify the evaluation of antiviral therapy eligibility

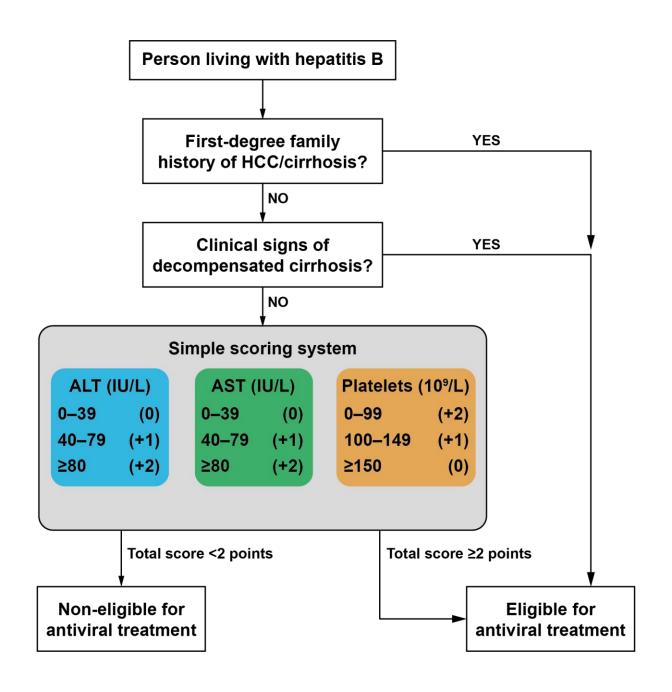


Consider the EASL 2017 criteria as a reference

### **HEPSANET**



Parameters	Tiered level of healthcare facility*				Tier considered	
raiaiiieteis		Tier1	Tier2	Tier3	Tier4	for analysis
Sex	100%	100%	100%	100%	100%	0/1
Age	100%	100%	100%	100%	100%	0/1
First-degree family history (HCC, cirrhosis)	73%	82%	100%	100%	100%	0/1
Clinical diagnosis of jaundice	73%	82%	100%	100%	100%	0/1
Clinical diagnosis of ascites	27%	45%	100%	100%	100%	2
Clinical diagnosis of hepatic	27%	36%	82%	100%	100%	2
encephalopathy	2/70	36%	8270	100%	100%	2
Clinical diagnosing of variceal bleeding	18%	18%	55%	82%	100%	2
Labo	ratory p	aramete	ers			
Full blood count (platelets)	9%	36%	100%	100%	100%	2
Alanine aminotransferase (ALT)	9%	36%	91%	91%	100%	2
Aspartate aminotransferase (AST)	9%	36%	91%	91%	100%	2
Gamma-glutamyl transferase (GGT)	0%	9%	55%	73%	100%	2
Bilirubin	0%	18%	64%	73%	100%	2
Prothrombin time (INR)	0%	18%	55%	64%	73%	2
HBeAg (Rapid diagnosis test)	9%	18%	36%	60%	55%	3
HBeAg (Laboratory-based immunoassays)	0%	0%	18%	45%	82%	3
HBV DNA (Xpert)	0%	0%	9%	55%	82%	3
HBV DNA (Conventional platform)	0%	0%	9%	27%	73%	4
Transient elastography (FibroScan)	0%	0%	0%	9%	82%	4
Liver biopsy	0%	0%	0%	9%	100%	4
Histopathology	0%	0%	0%	9%	82%	4



# Validation cohort (n = 1444)

Test	AUROC [95% CI]	Sensitivity (%)	Specificity (%)
HEPSANET score (ALT, AST, platelet)	0.83 [0.80–0.86]	78	87
WHO 2015 (HBV DNA, ALT, APRI)	0.68 [0.64–0.72]	38	98
TREAT-B (ALT, HBeAg)	0.88 [0.86–0.91]	91	85

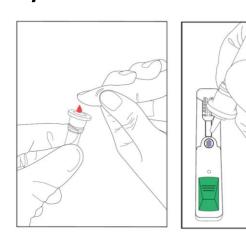






- Rapid test to detect HBcrAg
- 284 HBV-infected adults in The Gambia
- Reference criteria: ALT, FibroScan, HBV DNA
- Index criteria: ALT, FibroScan, HBcrAg-RDT
  - Specificity 86.3% Sensitivity96.6%





# Conclusions

- To achieve global elimination of hepatitis, it is essential to scale up screening & clinical staging for hepatitis B
- Treat All is attractive, but requires data on feasibility & acceptability
- This may be justified when HBV cure is possible
- Essential to develop a locally-adapted simplified model of care

# Thank you



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