

- Introduction to Hepatitis B
- Management
- Symptoms

INTRODUCTION TO HEPATITIS B

- Testing
- Transmission
- Vaccine

Introduction #1 Hepatitis B is the most common serious liver infection in the world. It is caused by the hepatitis B virus that attacks and injures the liver. Two billion people (or 1 in 3) have been infected and about 300 million people are living with a chronic hepatitis B infection. Each year up to 1 million people die from INTRO TO hepatitis B even though it is preventable and manageable. 1197 BL IER CANCER Learn more: www.hepb.org Hep B is one of the most common #HepatitisB infections in the world (300 million people live with it worldwide). It affects your liver. Introduction #2 YOUR LIVER IS IMPORTANT TO Keep in mind everything you eat, drink, breathe, or absorb through your skin is eventually filtered by your liver. So, protect your liver and your health by eating plenty of fruits and veggies! Learn more healthy liver tips here: https://www.hepb.org/treatment-and-management/adultswith-hepatitis-b/healthy-liver-tips/ Everything that you eat, drink, breathe, or absorb through your skin goes through your liver! Introduction #3 Hepatitis B is preventable and treatable. There is a simple blood ANYONE CAN GET HEPATITIS B test to diagnose a hepatitis B infection. Testing is the only way Many people from Africa and Asia tend to be affected because of lack of to know for sure if you have the virus. There is also a safe access to the vaccines, testing, and vaccine to prevent hepatitis B. treatment in many countries. Learn more: https://www.hepb.org/what-is-hepatitis-b/what-ishuhu shul Hepatitis B is common hepb/ throughout the world and in the U.S. every adult should be tested for hepatitis B. #GetTested4HepB





LONG

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Introduction #4

Hepatitis B is the most common serious liver infection in the world. Two billion people (or 1 in 3) have been infected and about 300 million people are living with a chronic hepatitis B infection. It is important to remember that hepatitis B is preventable and manageable!

Learn more: <u>www.hepb.org</u> #HepatitisB

MANAGEMENT

Management #1

Hepatitis B is a "silent epidemic" because most people do not have symptoms when they are newly infected or living with hepatitis B. Thus, they can unknowingly spread the virus to others and continue the silent spread of hepatitis B. If the virus is not properly managed, the liver can still be silently damaged which can develop into serious liver disease such as cirrhosis or liver cancer. But proper management of hepatitis B can help to prevent this!

Learn more: <u>https://www.hepb.org/treatment-and-</u> management/adults-with-hepatitis-b/ #LiverDisease

Management #2

People living with chronic #hepatitisB should expect to live a long and healthy life. There are decisions you can make to protect your liver and your health.

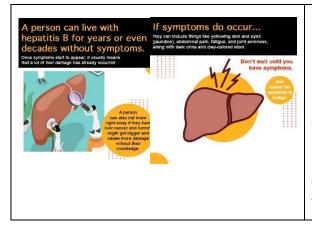
If you tested positive for #hepatitisB, the first step to managing your health is to visit your doctor. Learn how to prepare for your appointment here: <u>https://www.hepb.org/research-and-</u> programs/liver/talking-to-your-health-care-team/



	Management #3
	The most important thing to remember is that hepatitis B is a chronic medical condition that can be successfully managed if you take good care of your health and your liver. You should expect to live a long, full life. Learn about treatment options for #hepB on our website: https://www.hepb.org/treatment-and-management/treatment/
	Management #4
CLAIMS THAT THERE ARE HERBAL REMEDIES THAT CAN "CURE" HEPATITIS B ARE FAISE. THESE CAN EVEN END UP DAMAGING YOUR LIVER. THERE IS NO CURE FOR HEPATITIS B AT THIS TIME, BUT THERE ARE GOOD TESTED AND PROVEN TREATMENTS THAT CAN HELP MANAGE IT AND KEEP PEOPLE HEALTHY.	Fact Check: Herbal remedies do not cure #hepatitisB. Although there is no cure, there are approved drugs for both adults and children that control the hepatitis B virus, which help reduce the risk of developing more serious liver disease. Learn about treatment options: <u>https://www.hepb.org/treatment- and-management/treatment/</u>
	Management #5
ASK YOUR DOCTOR ABOUT HEP B MANAGEMENT AND LIVER CANCER TESTING TOPAY	If you tested positive for #hepatitisB, the first step to managing your health is to visit your doctor. During a physical exam, your health care provider will ask about your symptoms and any risk factors that you may have for liver cancer. [exclude Twitter: They will also check your belly or abdomen and your skin and eyes to look for signs of jaundice.]
FIND OUT MORE ABOUT HEPATITIS B: WWW.HEPB.ORG	Learn how to prepare for your appointment here: https://www.hepb.org/research-and-programs/liver/talking-to- your-health-care-team/

SYMPTOMS





Symptoms #1 and #2

Hepatitis B is called a "silent infection" because most people do not have any symptoms when they are first infected or living with the virus. Testing is the only way to know for sure if you are living with the virus! #HepBsymptoms

Learn more about common #hepB symptoms here: <u>https://www.hepb.org/what-is-hepatitis-b/what-is-hepb/symptoms/</u>

TESTING

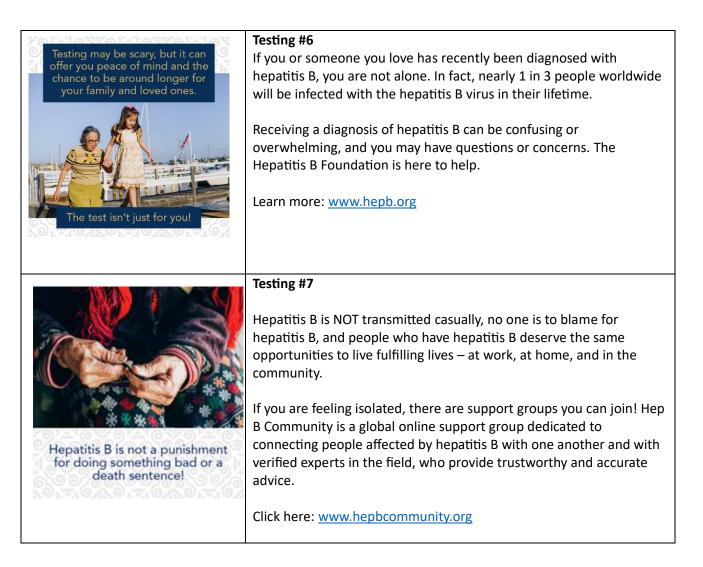
Testing is the only way to know if you have hepatitis B, which can cause liver cancer. The test for hep B is simple and can keep you and your family healthy. Don't wait until you feel sick!	Testing #1Testing will not only benefit you but also your family and children you may have in the future. Get tested for #hepatitisB today!Learn more: https://www.hepb.org/prevention-and-diagnosis/ #GetTested4HepB
Tests are available at a doctor's office or health clinic. You can get vaccines here too or at your health department or pharmacy.	Testing #2 Hepatitis B testing is available from many sources throughout the United States. Our Hep B United partners provide testing in cities throughout the U.S. Visit <u>http://hepbunited.org/local-campaigns</u> to learn more about local coalitions near you and upcoming screenings. #GetTested4HepB



TESTING FOR HED B & LIVER CANCER IN A LIVER CANCER Early detection of both hepatitis B and liver cancer can protect your liver and even save your life.	Testing #3 Most people who are living with hepatitis B are unaware of their infection for many years and can unknowingly spread the virus to others. Don't wait to get tested! If you test negative for #hepB, you can get VACCINATED! #GetTested4HepB Learn more about the #hepatitisB vaccine here: <u>https://www.hepb.org/prevention-and-diagnosis/vaccination/</u>
Seeking care can improve your overall quality of life!	Testing #4 The hepatitis B blood test requires only one sample of blood, and your health care provider should order the "Hepatitis B Panel," which includes three parts. The most important thing to remember is that hepatitis B is a chronic medical condition that can be successfully managed if you take good care of your health and your liver. You should expect to live a long, full life. #GetTested4HepB
The blood test is a very simple one that takes less than five minutes, and you should have the results within two days.	Testing #5 Hepatitis B is diagnosed with a simple blood test that can be done at your doctor's office or local health clinic. The U.S. Centers for Disease Control and Prevention offers a list of testing centers, <u>https://getested.cdc.gov/</u> #GetTested4HepB



Liver Cancer Connect Media Toolkit for Hmong Communities



TRANSMISSION

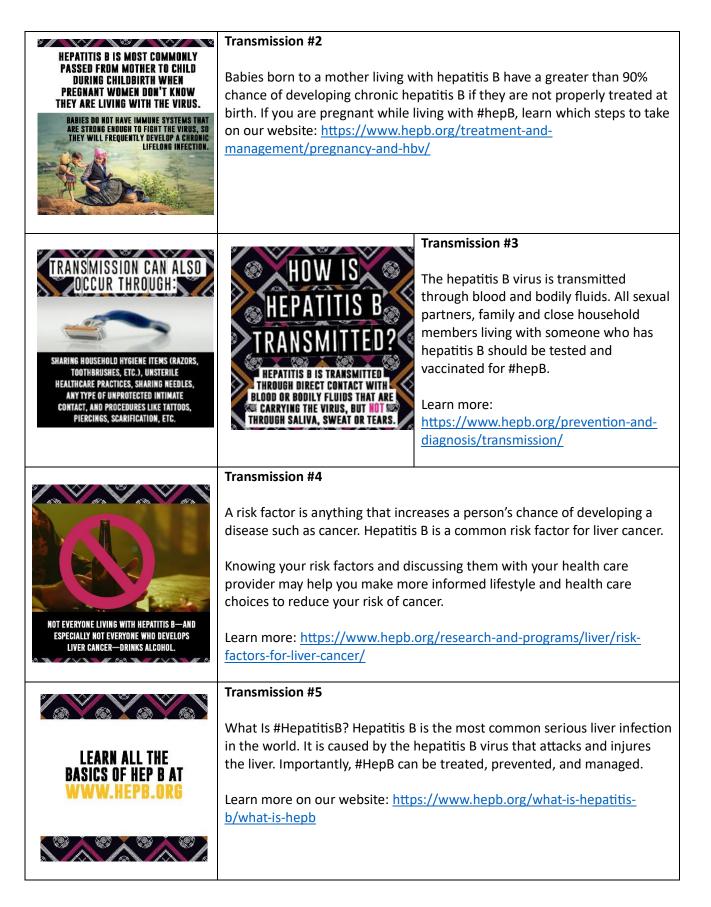


Transmission #1

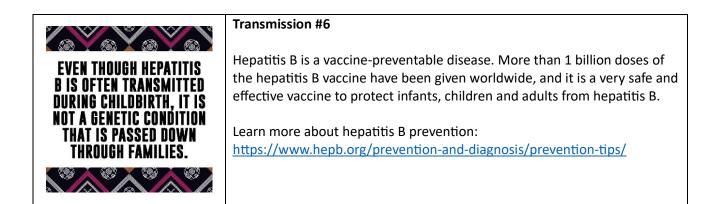
Hepatitis B is NOT transmitted casually. It cannot be spread through toilet seats, doorknobs, sneezing, coughing, hugging, or eating meals with someone who is living with hepatitis B.

Learn more: <u>https://www.hepb.org/prevention-and-</u> diagnosis/transmission/









VACCINE

