

# Bilan's Hepatitis B Story



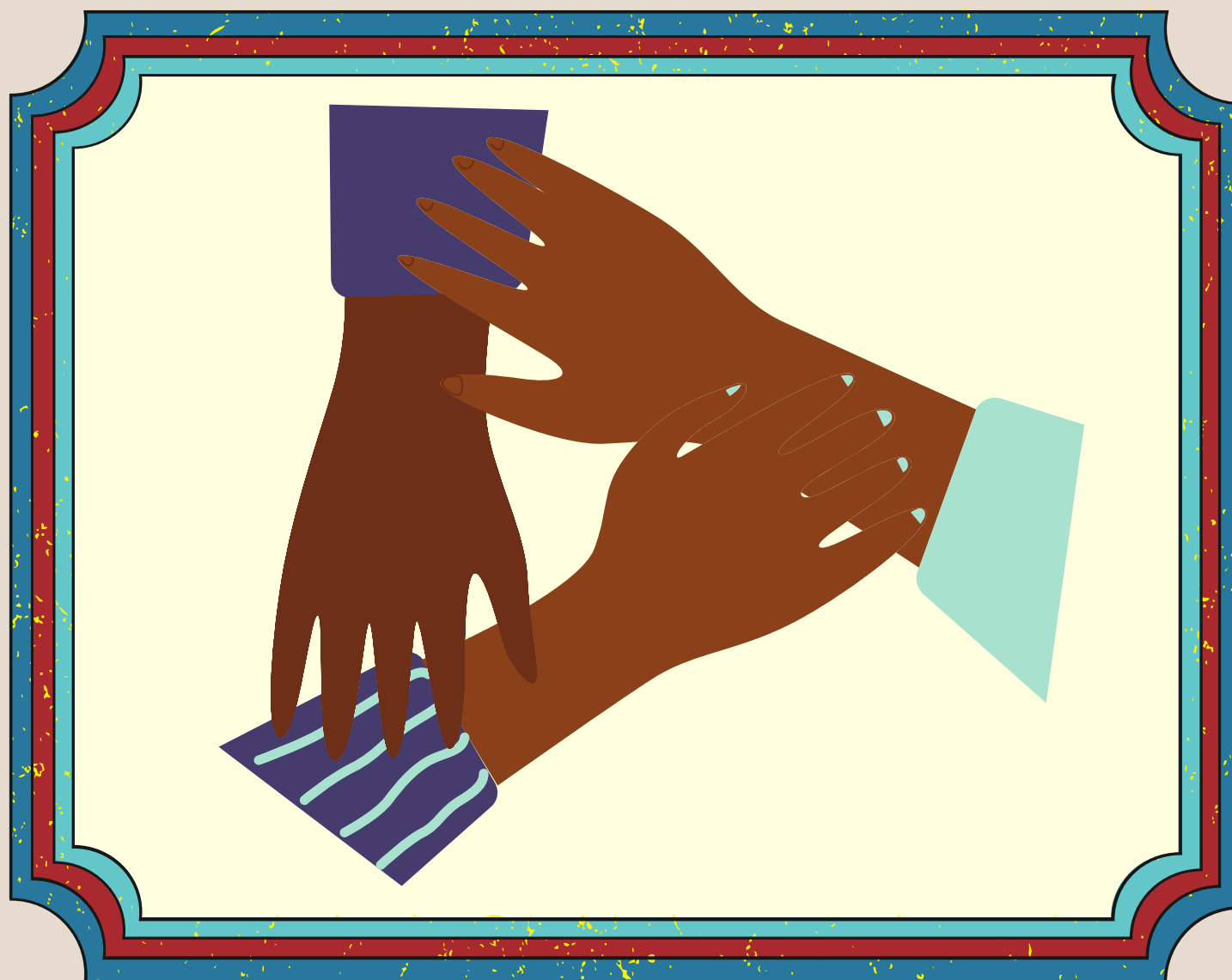
Bilan went to the doctor because she is pregnant. Her doctor decided to give her a blood test. The test showed that she was living with hepatitis B. Her doctor suggested that she get her baby vaccinated for hepatitis B shortly after the child was born.



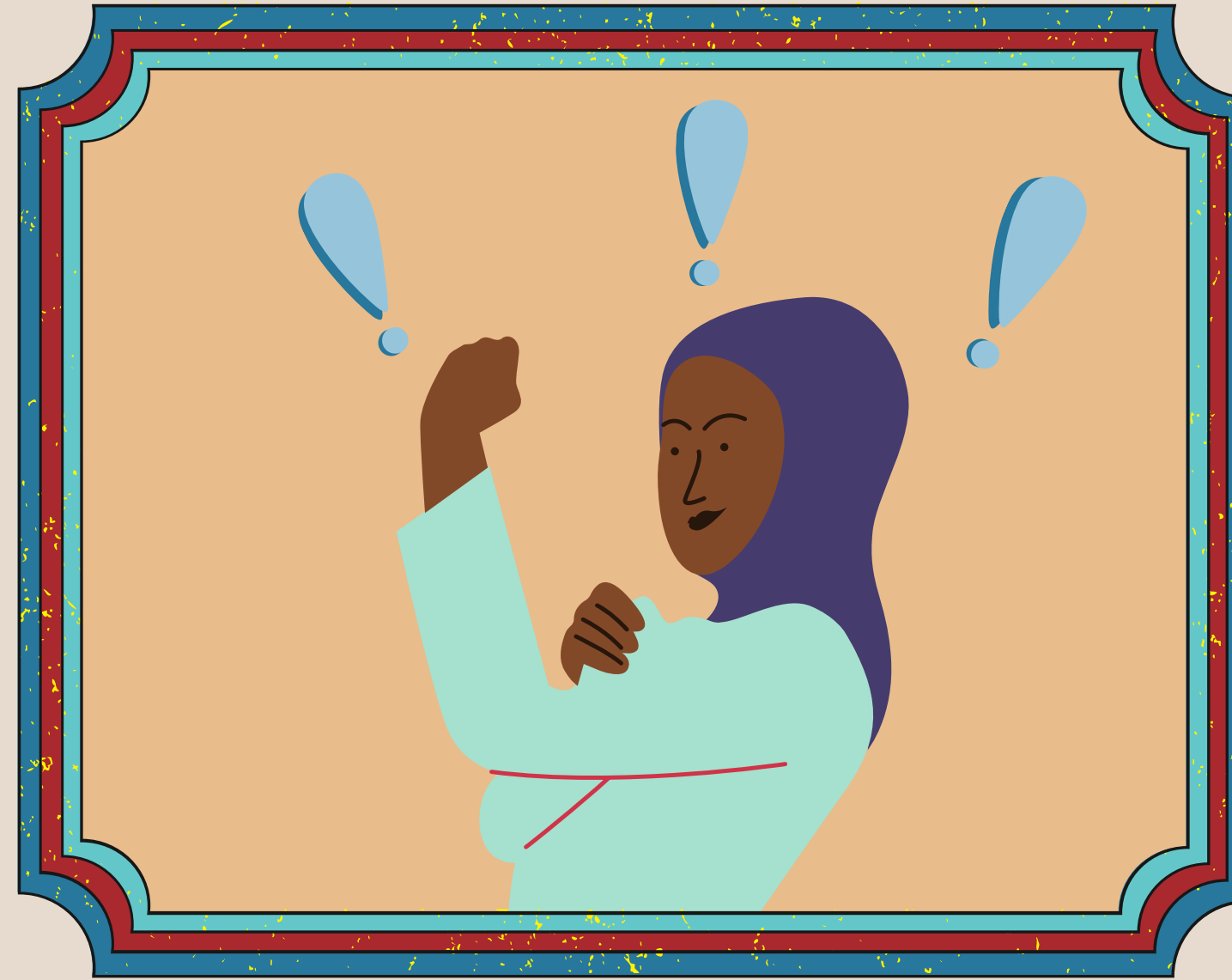
Bilan didn't know much about hepatitis B. She asked her doctor some questions, but felt like she wanted to do some research on her own. She felt that the more educated she was on the subject, the better.



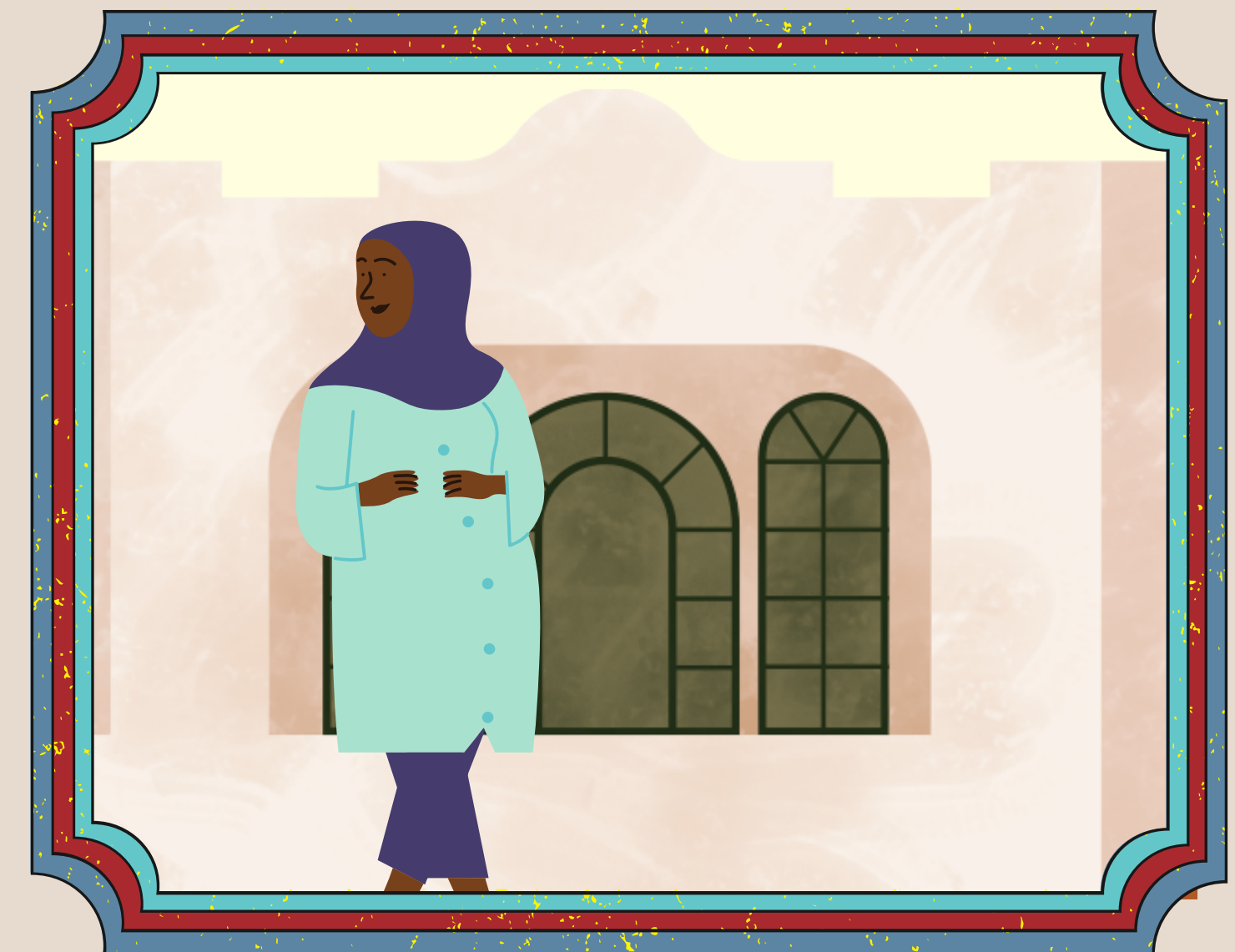
When she was learning more about hepatitis B, Bilan read about the stigma associated with the infection. Though she was nervous about telling her friends and family about her diagnosis, she understood that speaking about her diagnosis could help fight stigma.



Bilan's family and friends had questions about hepatitis B and were supportive of Bilan. They reassured her that they would still remain close with her and that she could lean on them for support.



Bilan felt empowered after speaking with her family and friends. She had asked her doctor questions about hepatitis B, done some reading herself, and fought stigma by telling her family and friends about her diagnosis. She was also planning on getting her baby vaccinated for hepatitis B, to protect the child from the virus. She knew that in the Islam faith, it is important to protect your health so that you can be healthy enough to worship. Bilan was proud of herself for taking control of her and her child's health and honoring her faith.



Bilan was glad to know her hepatitis B status. That way, she could make sure to get her child vaccinated and advise family members to get vaccinated too. She learned that hepatitis B is an infection that can be managed with doctor's visits and a healthy lifestyle. Bilan plans on living a healthy lifestyle, taking her doctor's advice, and fighting stigma by educating the people around her about hepatitis B.